

G. Pearson Ward - Your Downtown YMCA

Climbing Wall Summer Schedule June 1 - August 31, 2010

M	T	W	TH	F	SAT	SUN
Open Climb 3-6pm	Family Night 3-6pm	Belay WS* 4-5pm	Open Climb 3-6pm		Open Climb 11a-2p	Open Climb 1-4pm
		Koala Class* 5-6pm				
		Spider Monkey Class* 6-7pm				

* Must register in advance. Fees apply.

ALL CLIMBERS AGES 9 AND UNDER MUST HAVE A PARENT PRESENT.

Open Climb - Ages 4+; Climbers utilize co-members that are YMCA belay certified or use the autobelay. Belayers must be 13+ and be YMCA certified. Staff on duty to assist.

Family Night - Ages 4+; A special night for families each week to spend time together. The rock wall is reserved for family climbing while board games are set up in the teen zone. A minimum of 1 parent/guardian must participate with their child(ren). Staff on duty to assist. Free to Members.

Koala Class* - Ages 6-12; Level I & II; Children will learn climbing terms, safety, knots, and climbing techniques in this six week class. Each child will receive a skill card to record their progress through the level.

Spider Monkey Class* - Ages 13+; Youth will learn the same terms, safety, knots, and climbing techniques as Koalas only at a faster pace. Each youth will receive a skill card to record their progression.

Belay WS* - Ages 13+; \$5 Member fee. Get certified to belay your friends and family! Sign up at least one day prior to the class at the Welcome Center.

Personal Training* - Ages 4+; \$35 per session or \$300 for 10 sessions. Personal training is a one on one climbing instructional class where the instructor works to improve your climbing, whether you are just getting started or looking for advanced techniques. Set up with Teen Director in advance.



Ozarks Regional YMCA

We build strong kids, strong families, strong communities.