



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

MONETT AREA YMCA

LAP Pool SCHEDULE

2024

HOUR	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-8am	CLOSED	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise
8-9a	CLOSED	Lap Water Workout* (8:15-9:15)	Lap Swim Open Exercise	Lap Water Workout* (8:15-9:15)	Lap Swim Open Exercise	Lap Water Workout* (8:15-9:15)	Lap Swim Team
9-10a	CLOSED	Lap Swim Open Exercise	Lap Champion Athletes (9:30- 10:30)	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap and open exercise Lessons Swim Team
10-11a	CLOSED	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap and open exercise Lessons
11-12p	CLOSED	Lap Senior Splash*	Lap 11:30-12p Aqua Zumba*	Lap Senior Splash*	Lap Aqua Zumba*	Lap Senior Splash*	Lap Swim Open Exercise
12-1p	CLOSED	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap and Diving board
1-2p	Lap and Diving board	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Lap and Diving board
2-3p	Lap and Diving board	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Lap and Diving board
3-4p	Lap and Diving board	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Lap and Diving board
4-5p	Lap and Diving board Pool Closes at 4:30	Lap and Diving board and HS Swim Team	Lap and Diving board and HS Swim Team	Lap and Diving board and HS Swim Team	Lap and Diving board and HS Swim Team	Lap and Diving board and HS Swim Team	Lap and Diving board
5-6p	CLOSED	Lap and Diving board and lessons	Lap and Diving board and lessons	Lap and Diving board	Lap and Diving board and lessons	Lap and Diving board	Lap and Diving board
6-7p	CLOSED	Swim Team Water Workout*6-7pm and lessons	Lessons and Lap Water Workout* 6-7p	Lap Swim Team	Swim Team Water Workout*6-7pm and lessons	Lap and Diving board	CLOSED
7-8p	CLOSED	Lap Swim Team	Lap	Lap Swim Team	Lap Swim Team	Lap and Diving board	CLOSED
8-9p	CLOSED	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap Swim Open Exercise	Lap and Diving board	CLOSED

*** = Denotes instructor-led class**

Lap = Lap swimming/open water aerobic exercise

Aqua Zumba* = Music based dance workout

Senior Splash* = Water aerobic exercise workout*

Kids Zone

Monday-Thursday 8:15-11am and 4-8pm

Friday 8:15-11am and 4-7:15pm

Closed Sunday

Facility Hours:

Monday-Friday:5am-10pm

Saturday: 7am-9pm and Sunday:1-5pm

SAFE POOLS HAVE RULES



**Obey the lifeguard
at all times.**

Lifeguards have the authority to enforce all rules.

Swim only when lifeguards are on duty.



All swimmers 14 and under must pass a safety swim test. Lifeguards may test any swimmer for safety.



Appropriate, family-friendly swim attire is required.

Shower BOTH before entering and when leaving the pool.



No smoking, tobacco, alcohol, drugs or use of narcotics in or around the facility.



NO PHONE ZONE

Do not call, text, email, take photos or use your cell phone while in the pool area or locker rooms.



NO glass containers, coolers, outside food, beverages or gum allowed on the pool deck.

NO toys or flotation devices allowed without lifeguard approval.



Only Coast Guard-approved personal flotation devices (PFDs) will be permitted.



Keep pool ladders and stairs clear.



Individuals with open sores or any type of contagious disease will not be permitted in the water.



NO running, rough housing, horseplay or dunking.

NO dives or flips off the pool deck or gutter.

NO under water breath holding games.

NO profanity, improper behavior or vulgar remarks.

PARENTS WITH KIDS UNDER 10



Swim diapers are required for infants and toddlers.

If child cannot swim unattended, a parent or guardian over the age of 16, MUST be within arm's reach.



Adults accompanying children must remain on pool deck and supervise the safety and behavior of the children in their care.



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Leisure Pool SCHEDULE 2024

HOUR	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7-8a	CLOSED	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise
8-9a	CLOSED	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Workout* (8:15-9:15)	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise and Lessons
9-10a	CLOSED	Water Walking and Open Exercise	Open Exercise and Champion Athletes (9:30-10:30)	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise and Lessons
10-11a	CLOSED	Open Exercise and open family Play	Open Exercise open family Play 10:30-11:30a	Open Exercise and open family Play	Open Exercise and open family Play	Open Exercise and open family Play	Water Walking and Open Exercise and Lessons
11-12p	CLOSED	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise	Water Walking and Open Exercise and Lessons
12-1p	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Open Family Play
1-2p	Open Family Play Pool Close at 4:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Open Family Play
2-3p	Open Family Play Pool Close at 4:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Open Family Play
3-4p	Open Family Play Pool Close at 4:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Open Family Play
4-5p	Open Family Play Pool Close at 4:30	Open Family Play	Open Family Play	Open Family Play	Open Family Play	Open Family Play	Open Family Play
5-6p	CLOSED	Lessons and Open Family Play	Lessons and Open Family Play	Open Family Play	Lessons and Open Family Play	Open Family Play	Open Family Play
6-7p	CLOSED	Lessons and Open Family Play	Lessons and Open Family Play	Open Family Play	Lessons and Open Family Play	Open Family Play	CLOSED
7-8p	CLOSED	Open Family Play	Open Family Play	Open Family Play	Open Family Play	Open Family Play	CLOSED

* = Denotes instructor-led class

Open Exercise= Pool Area open for you to use for exercise
Open Family Play= Small pool and Splash Pad open and
Water Walking = Water current in leisure is on to provide resistance
Slides are open Monday-Friday 4-8pm
Saturdays 12-6pm, Sunday 1-4pm

Kids Zone

Monday-Thursday 8:15-11am and 4-8pm
Friday 8:15-11am and 4-7:15pm
Closed Sunday

Facility Hours:

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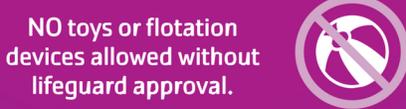


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