**Recreational Schedule** 

## January 8-February 29 tuition is for the full 8-week session.

\*Schedule subject to change per coach and/or a YMCA Event No classes November 22-24

Once a week- \$80/\$115 Twice a week- \$140/\$210 Three times a week - \$210/\$315

Class Name	Monday	Tuesday	Wednesday	Thursday
Caterpillars				8:30-9:00
(Ages 18 months-3 years)				Ms. Caroline
Adult Assistance Required				
\$40/\$70				5:30-6:00
				Ms. Michelle
Lighting Bugs				
(2-3 yrs. old, no adult assistance)				9:00-9:30
\$40/\$70				Ms. Caroline
	5:00-5:50	5:10-6:00		9:30-10:20
Busy Bees	Ms. Jasmine	Ms. Jasmine		Ms. Caroline
(Pre-school 3-5 yrs. old)	5:30-6:25	5:45-6:35		4:30-5:20
	Ms. Stephanie	Ms. Stephanie		Ms. Michelle
	4:30-5:25	4:45-5:40		
Grasshoppers	Ms. Stephanie	Ms. Stephanie	5:15-6:10	
	·		Ms. Stephanie	5:45-6:40
Beginner/Intermediate	6:00-6:55	6:00-6:55		Ms. Michelle
(Kindergarten-2 <sup>nd</sup> grade)	Ms. Jasmine	Mr. Brandon		
Butterflies & Dragonflies		5:00-5:55		5:30-6:25
Intermediate/Advanced	5:30-6:25	Mr. Brandon		Mr. Brandon Y.
	Mr. Brandon Y.			
(Kindergarten-3 <sup>rd</sup> grade)		6:40-7:35		6:45-7:40
Must have cartwheel, bridge, strong		Ms. Stephanie		Ms. Michelle
beam, and bar strength		wis. Stephanie		Wis. Wheneve
Lady Bugs				
Beginner-Advanced	6:30-7:25	6:00-6:55		
(4 <sup>th</sup> grade & up)	Mr. Brandon Y.	Ms. Jasmine		
NINJA Wasps				
Boys			4:30-5:25	
(Kindergarten-2 <sup>nd</sup> grade)			Mr. Brandon Y.	
NINJA Drones				
			5:30-6:25	
<i>Boys</i> (3 <sup>rd</sup> grade & up)			Mr. Brandon Y.	
Tumbling	4:30-5:30			
Ages 8+	Mr. Brandon Y.			
REC TEAM Invite Only	6:30-7:45-Ages 7 & up			
\$85/\$125	Mr. Brandon White			
	6:30-7:45-Ages 4-6			
	Ms. Stephanie			12:30-2:00
Adult Gymnastics				Mr. Brandon
\$75/\$110				
Homeschool Ages 4-16				3:30-4:25
				Mr. Brandon Y.

\*The YMCA can provide financial assistance to those who are unable to pay the stated fees.

## **YMCA Mission:** To promote Judeo-Christian values through programs that build healthy mind, body, and spirit.

-Tuition is due *before* the week of each session. There will be a \$10 late fee the first week of each session. If payment is still not made, unfortunately your child will not be allowed to participate in practice, or any other YMCA sponsored activities, until your account is brought current.

-Please keep other **children who are not in a class off the gymnastics equipment and mats**. Except for adult assisted classes, parents are also not allowed on the floor/equipment at any time. If at any time you need your child, please ask front desk staff for assistance.

-Client initiated missed classes may be made up, please contact the gymnastics director, **snevatt@orymca**.

-Must have at least 3 students to hold a class open.

## Safety at YMCA Gym

-Be on time. One of the most important parts of gymnastics or cheer is the warm-up, so if you show up late you are missing a vital aspect of class.

-Be prepared with hair pulled back and wearing a leotard without tights, socks, or a skirt. No baggy shirts or pants; these get caught on spotters' fingers.

-No BLING (jewelry, rings, earrings, etc.) If you wear glasses, they must be secure. Make sure you leave all valuables at HOME! -Be kind and respectful to everyone at the YMCA.

-Pay attention. Always listen and watch every move your instructor makes to know what they expect of you.

-Always stay within your class area. This is to ensure no one will crash into you as they are performing a tumble pass, etc. Look both ways before crossing anywhere and always walk around the floor and mats!

-**Don't spot other gymnasts.** Spotting requires knowledge, strength, and experience of a gymnastic professional. Any error in judgment could lead to serious injury and future doubt.

-No Gum, Food, or Drinks. Let's keep our gym tidy!

It is important for all of our gymnasts to follow rules of the gym. Please discuss the expectations with your child and feel free to speak with the **Gymnastics Director** or your Coach, after hours, regarding questions or concerns.

417.337.9622 ext. 2500 snevatt@orymca.org

## WE DO GYMNASTICS BIRTHDAY PARTIES HERE!

